#### Medical Imaging in Developing Countries

#### Bhavin Jankharia





How many of you have worked in or are working in developing countries?





## Aims and Goals of Today's MasterClass



Define "developing" vs low income

# Discuss constraints and problems

#### **Discuss potential solutions**



## Developing vs low-income



# How many active IS3R members are from developing countries?

- 1. 1
- 2. 2
- **3**. 5
- **4**. 10



# Of the 67 active members and 23 countries they represent



#### Low-Income Economies (\$1,005 GNI per capita in U.S. dollars)

Afghanistan	Eritrea
Benin	Ethiopia
Burkina Faso	Gambia, The
Burundi	Guinea
Central African Republic	Guinea-Bisau
Chad	Haiti
Comoros	Korea, Dem Rep.
Congo, Dem. Rep	Liberia

Madagascar Malawi Mali Mozambique Nepal Niger Rwanda Senegal Sierra Leone Somalia South Sudan Tanzania Togo Uganda Zimbabwe

#### Lower-Middle-Income Economies (\$1,006-\$3,995 GNI per capita in U.S. dollars)

Angola
Armenia
Bangladesh
Bhutan
Bolivia
Cabo Verde
Cambodia
Cameroon
Congo, Rep.
Côte d'Ivoire
Djibouti
Egypt, Arab Rep.
El Salvador

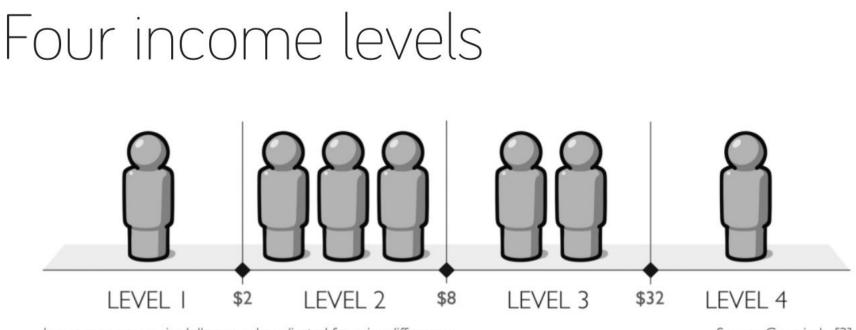
Georgia Ghana Guatemala Honduras India Indonesia Kenya Kiribati Kosovo Kyrgyz Republic Lao PDR Lesotho Mauritania

- Micronesia, Fed. Sts. Moldova Mongolia Morocco Myanmar Nicaragua Nigeria Pakistan Papua New Guinea Philippines São Tomé and Principe Solomon Islands Sri Lanka
- Sudan Swaziland Syrian Arab Republic Tajikistan Timor-Leste Tunisia Ukraine Uzbekistan Vanuatu Vietnam West Bank and Gaza Yemen, Rep. Zambia





The misconception of the developing / developed concepts



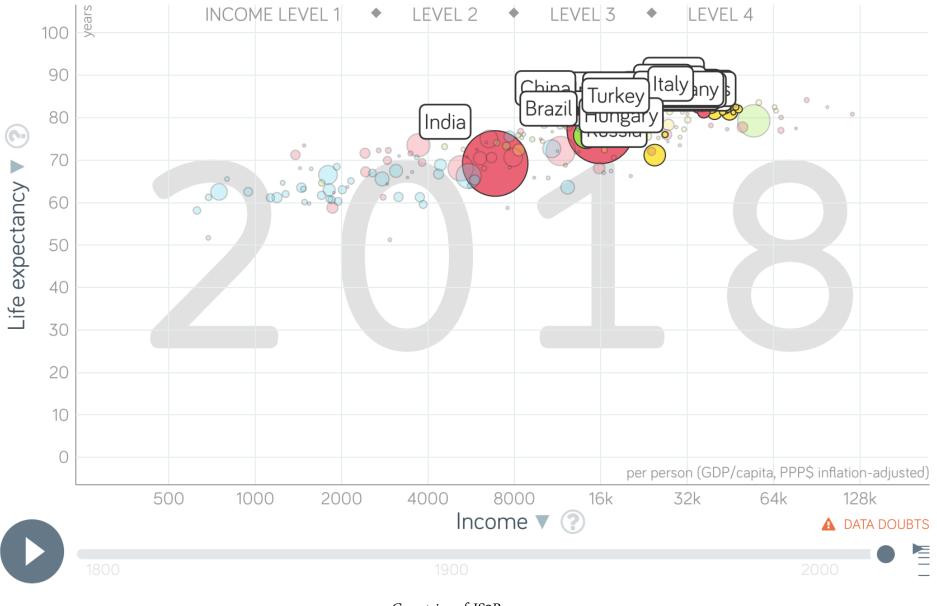
Income per person in dollars per day adjusted for price differences.

Source: Gapminder[3]

All of us live in one of these 4 income levels



Hans Rosling: Factfulness the book: Gapminder - the website



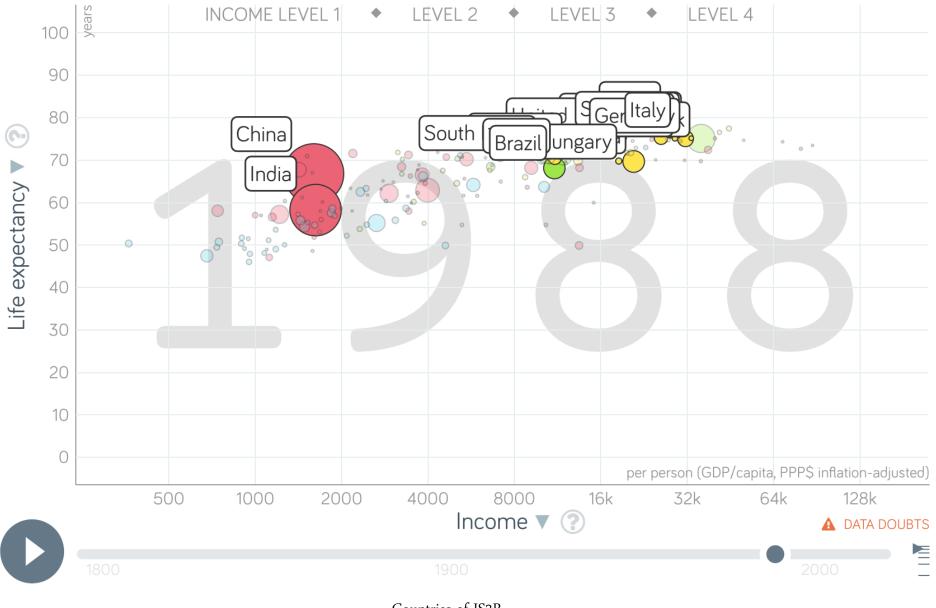




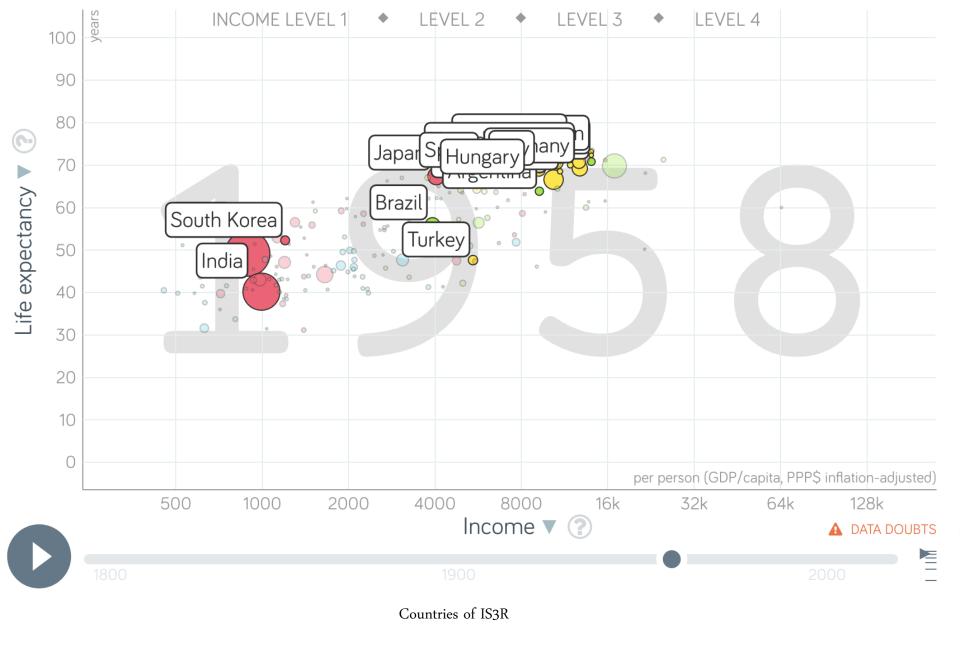












Picture This

Hans Rosling: Factfulness the book: Gapminder - the website

The world is getting better and there is constant movement in income levels sometimes over just a matter of a decade

Which also means that strategies and goals have often change depending on the situation



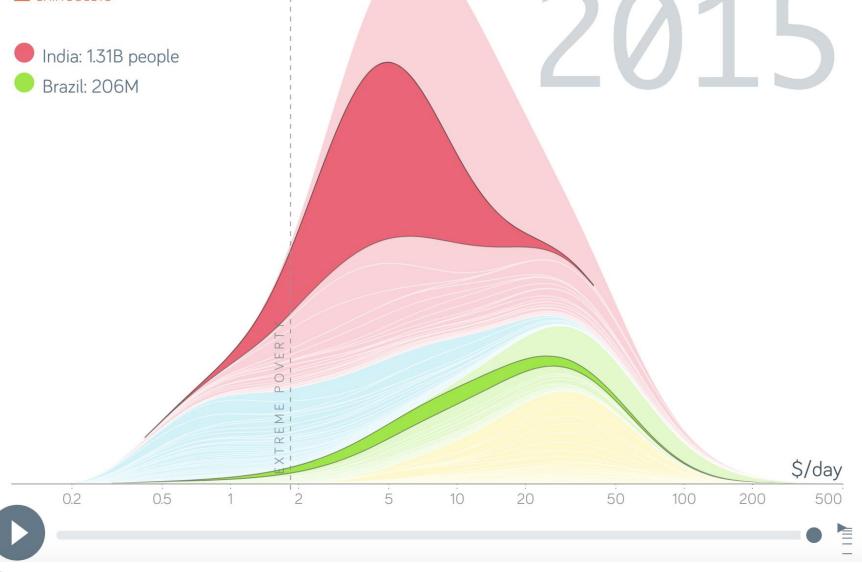
# But within a country as well there can be significant disparity



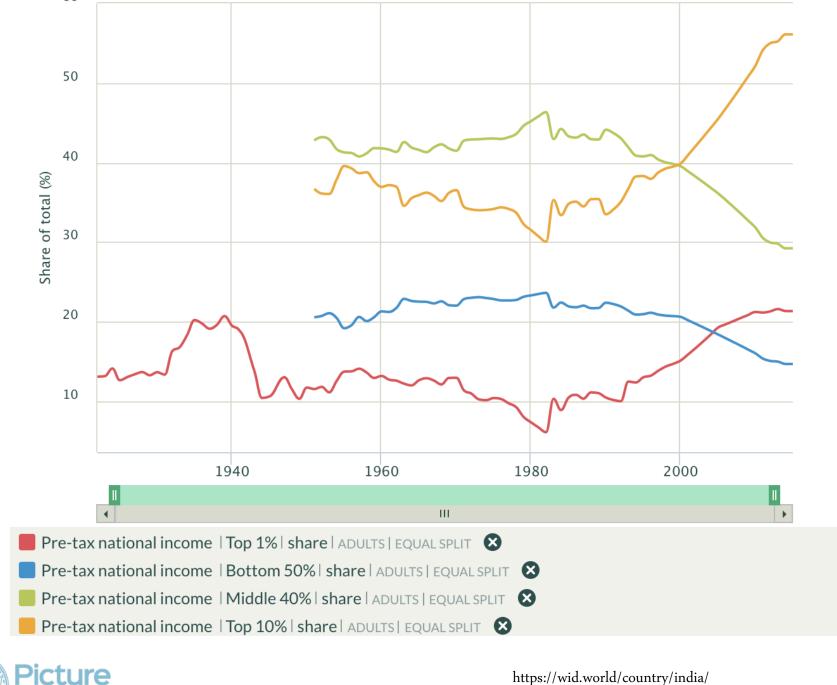
Number of people by income (?)

icture

İS



Hans Rosling: Factfulness the book: Gapminder - the website



https://wid.world/country/india/

So the actual title of the MasterClass should be...



#### Medical Imaging in Low Income (LINC) and Low-Middle Income (LMINC) Countries and LINC and LMINC Areas Within HINC Countries



## **Constraints in LINC Countries**



#### Constraints

#### Equipment

#### Research

#### Regulatory

Govt spending

Personnel

Training

Adherence to SOPs

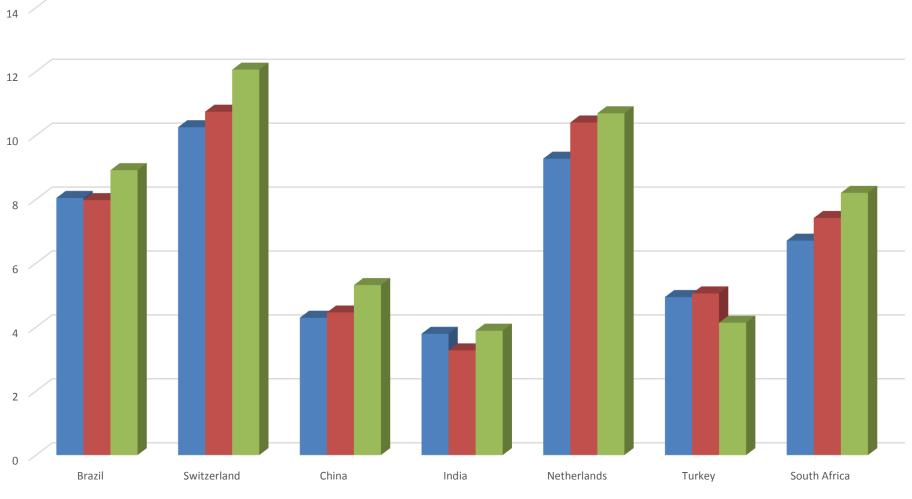


Disease specific issues

## Spending



#### Diagrammtitel



2005 2010 2015

# When Govt spending is low, overall healthcare delivery including medical imaging suffers



## Equipment



What proportion of the world's population of 7 billion has no access to basic X-rays?

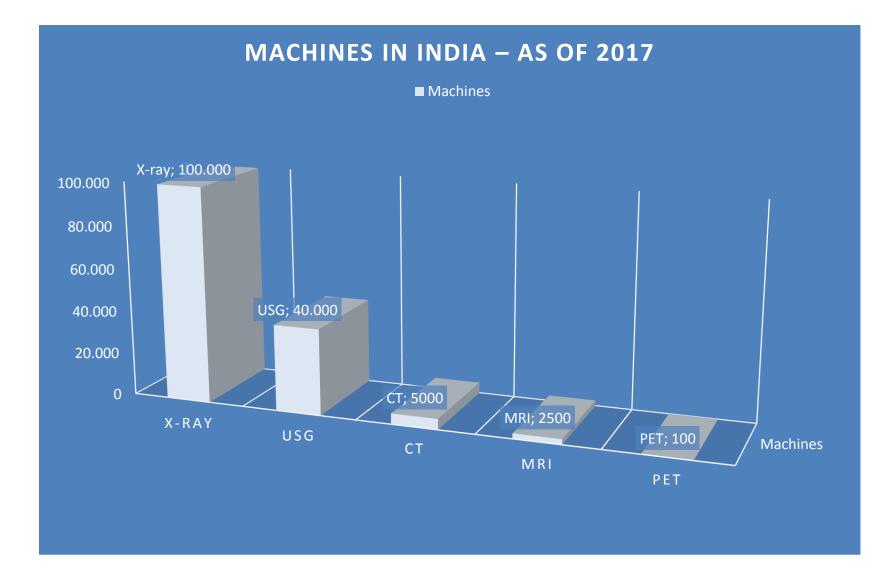
- 1. 1/4
- 2. 1/2
- **3**. 2/3
- **4**. 3/4



What proportion of the world's population of 7 billion has no access to basic X-rays?

1. 1/4
2. 1/2
3. 2/3
4. 3/4





All clustered in high income areas and urban environments



## What can be done?



# How does one best equip low income areas

- A. Donate used equipment
- B. Encourage entrepreneurship
- C. Develop low cost equipment adaptable to the area



# Low Income Areas Infrastructural issues

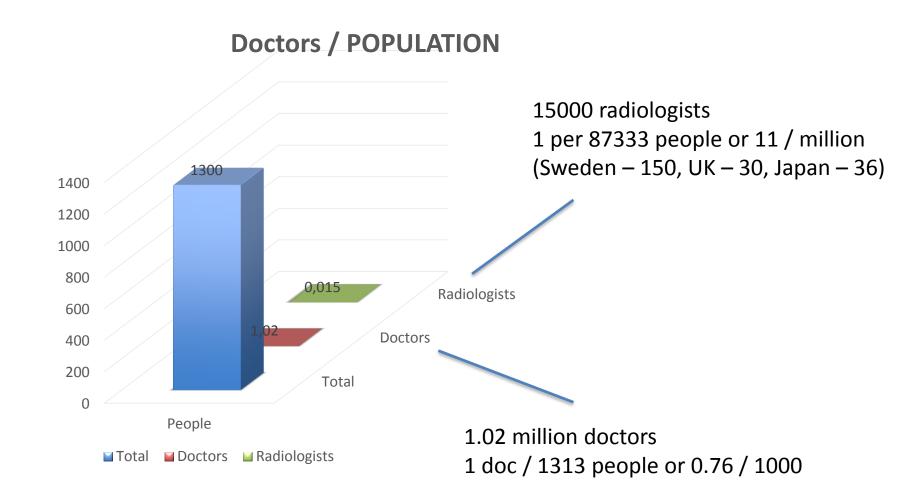
- Poor roads
- Variable electricity
- Minimal service support
- No trained manpower

It would help to have machines developed to work in these circumstances



## Manpower





700 rads in Mumbai (18.4 m) – 1 per 26,285 people – 38 / million

500 rads / year passing out



Kenya has 200 radiologists for 50 million i.e. 1 radiologist for 200000 or 5 radiologists per million 10-12 radiologists passing out per year

Liberia has 2 radiologists for 4 million, i.e. 1 radiologists for 2 million or half a radiologist per million



Table 2. Medical school, internship, and residency questions and responses				
	a. Length of Medical	b. Internship	c. Length of Radiology	d. Number of Radiology
Country	School (Excluding Internship)	Requirement	Residency (Internship Included)	Residency Programs
Algeria	≥7	No	4	6-10
Egypt	5	Yes	4	6-10
Ethiopia	б	Yes	4	1-5
Ghana	6	Yes	5	1-5
Kenya	6	Yes	6	1-5
Nigeria	б	Yes	5-6	11-20
Rwanda	6	Yes	—	0*
Senegal	≥7	Yes	≥7	6-10
Seychelles	—	Yes	—	_
South Africa	5	Yes	б	6-10
Tanzania	5	Yes	4	1-5
Uganda	5	Yes	3	1-5
Zambia	≥7	Yes	-	1-5

Table 2. Medical school, internship, and residency questions and responses

\*Rwanda is developing its first radiology residency program, which was scheduled to begin in September 2016.



# Radiologists

No one wants to read plain radiographs or do

X-ray procedures

The vast majority want to do cross-sectional imaging

No one wants to do night calls

Very few want to do USG because of the PC-PNDT Act & its draconian implementation

Life-style matters - clustered in large cities



Disease Spectrums are Different and the Overall Burden Higher



#### Tuberculosis







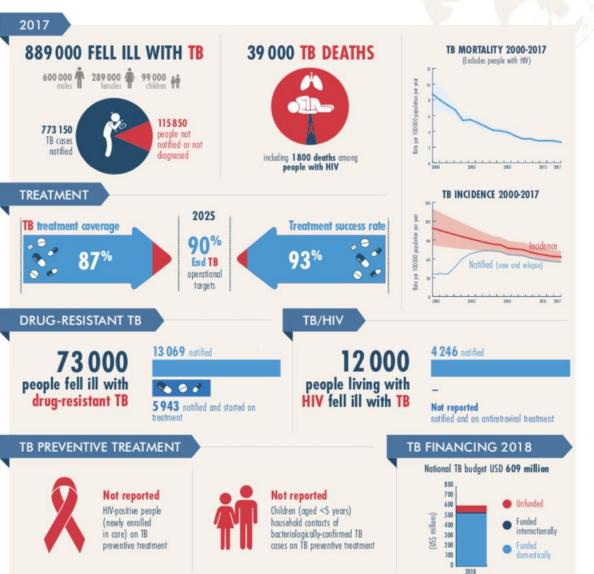
Hans Rosling: Factfulness the book: Gapminder - the website





World Health

WHO GLOBAL TB REPORT 2018



2018 WHO report on TB

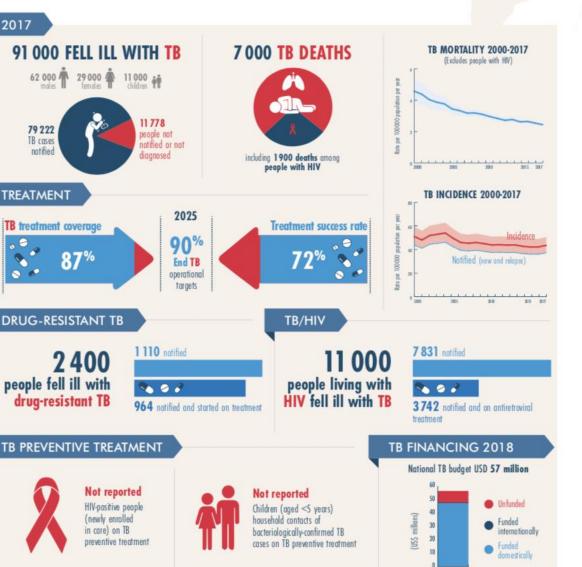






World Health

WHO GLOBAL TB REPORT 2018



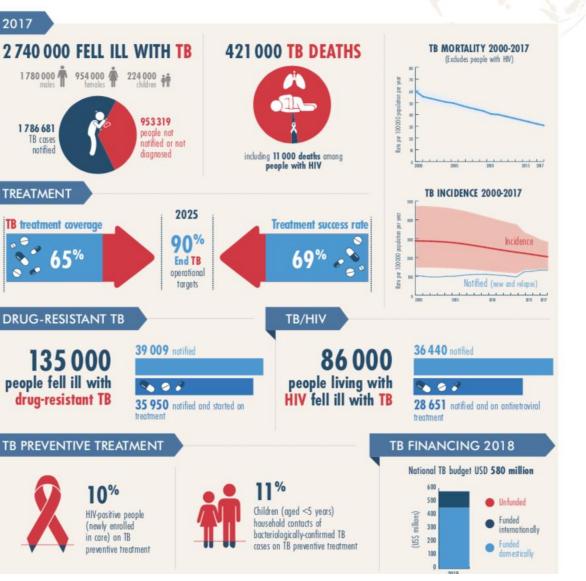
2018 WHO report on TB







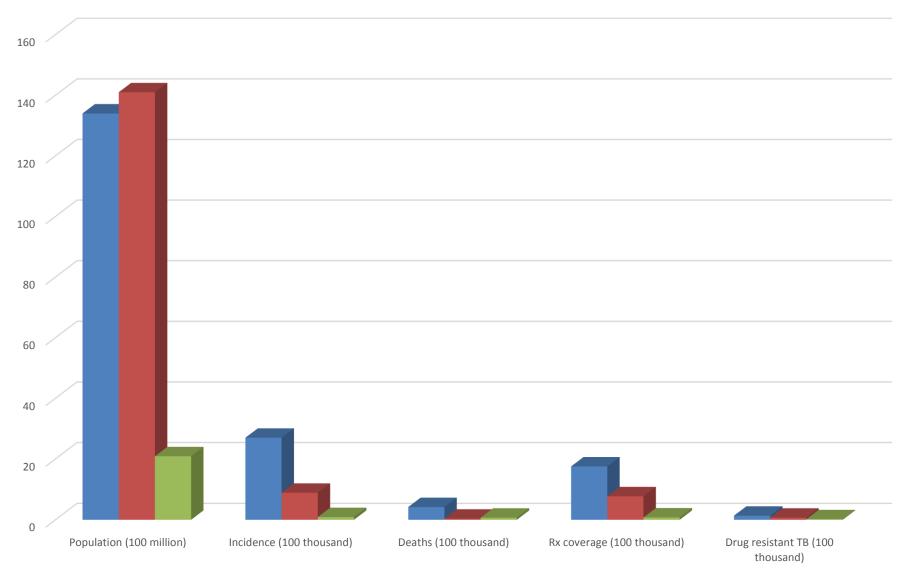
World Health Organization



2018 WHO report on TB



TB 2017

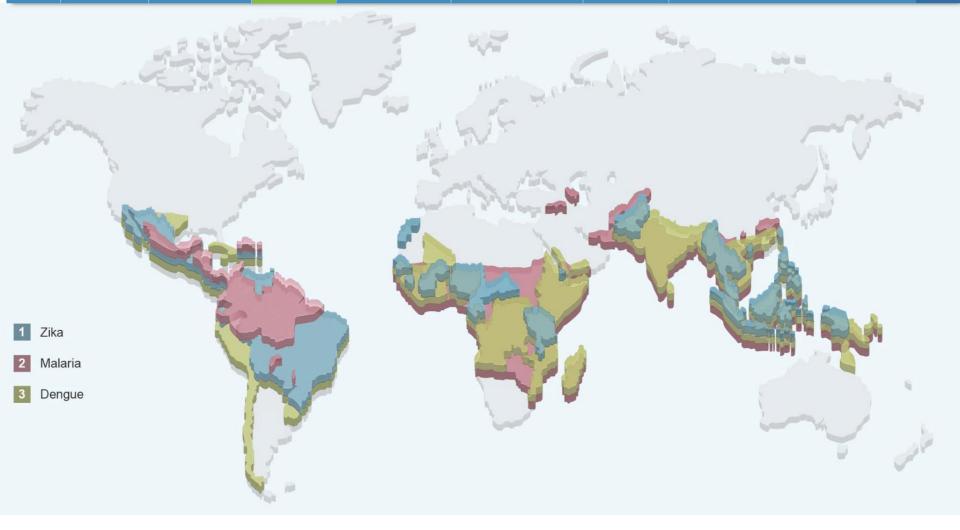


■ India ■ China ■ Brazil



# Other infections





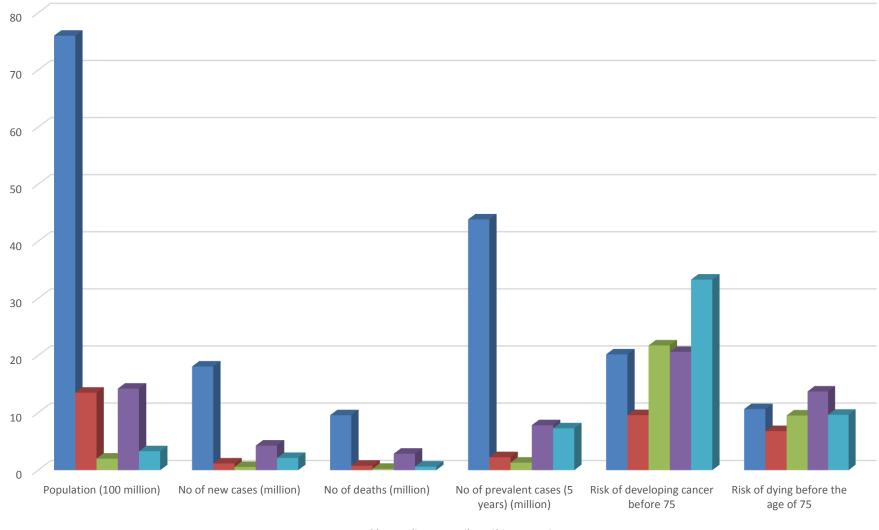
https://www.research.bayer.com/en/mosquitoes-zika-malaria-dengue.aspx







2018 Cancer Statistics



■ World ■ India ■ Brazil ■ China ■ USA

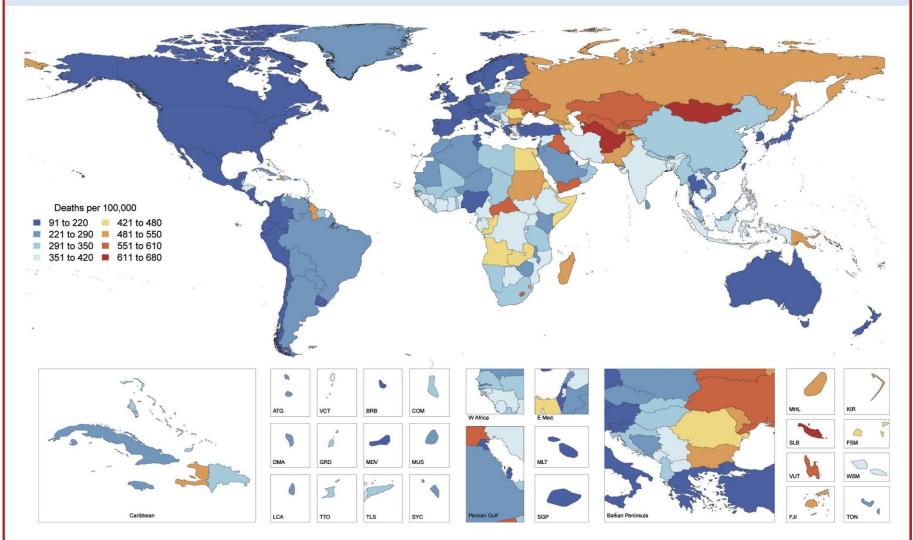


Data culled from the 2018 WHO report

## The same is true of cardiovascular risk

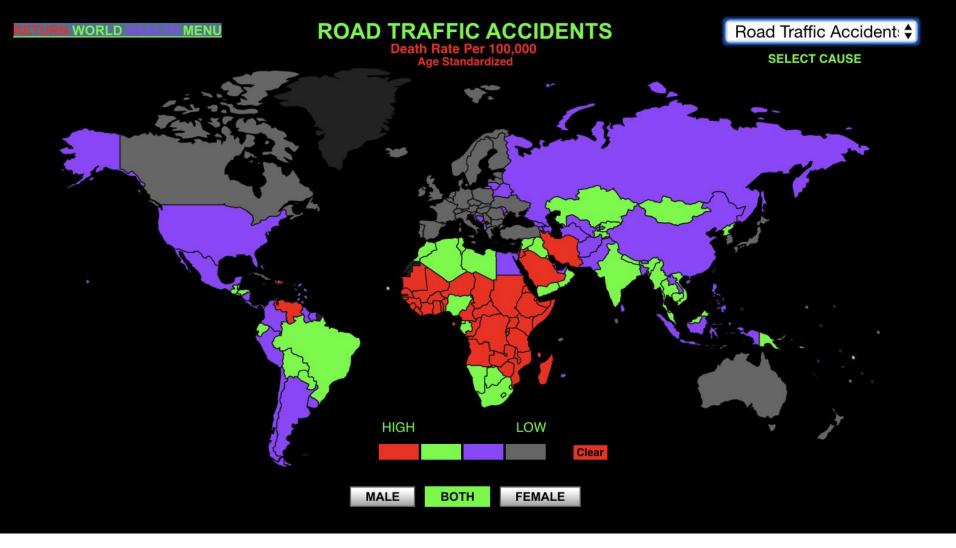


# **CENTRAL ILLUSTRATION:** Global Map, Age-Standardized Death Rate of CVD in 2015



Roth, G.A. et al. J Am Coll Cardiol. 2017;70(1):1-25.





Low income countries even have a higher rate of deaths due to RTAs



https://www.worldlifeexpectancy.com/cause-of-death/road-traffic-accidents/by-country/

High income populations and the places they live in, in low income countries, behave in ways similar to high income countries



# **Doubly Whammy**

Not only do you still have to deal with infectious diseases such as tuberculosis, malaria, dengue, etc, you also have to deal with cancers, cardiovascular diseases, etc

This places an undue burden on already compromised health services



# What can be done?



More radiologists

#### Empower non-radiologists to read

#### Use of AI to empower referring doctors



# Radiographers can read chest x-rays as well as radiologists

Woznitza, N., Piper, K., Burke, S., & Bothamley, G. (2018). Chest X-ray Interpretation by Radiographers Is Not Inferior to Radiologists. Academic Radiology. doi:10.1016/j.acra.2018.03.026







#### Solution\*\*

We developed AI for TB to improve the quality and efficiency of chest X-ray screening programs. Benefits of SemanticMD AI include:

- Al is fine-tuned to be specific to local patient populations
- Cost-efficient compared to teleradiology
- Rapid reading and reporting (<1 second per scan)
- Useful for screening and triage of patients with multiple symptoms
- Sensitivity and specificity equivalent to an expert radiologist
- Can be used offline in remote, low-power areas
  - \*\*Not available for diagnostic use in the U.S.

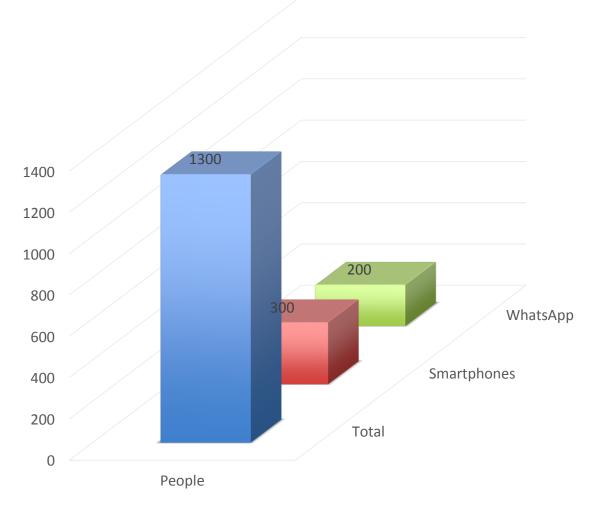
An AI solution for chest radiographs for TB already out in the market



# Use of Innovative Low-Cost Solutions



#### Smartphones and WhatsApp



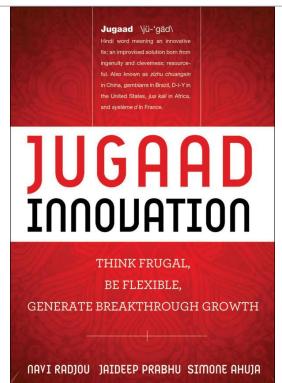


**Jugaad** (a word taken from Hindi which captures the meaning of finding a low-cost solution to any problem in an intelligent way) is a new way to think constructively and differently about innovation and strategy.



en.wikipedia.org

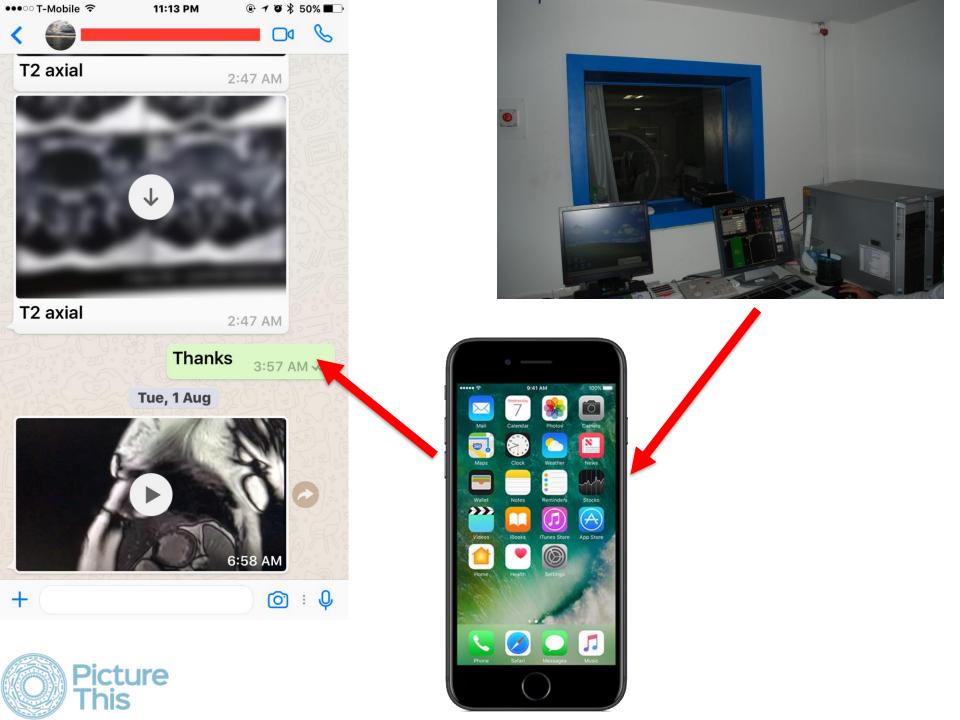
Jugaad Innovation Definition from Financial Times Lexicon lexicon.ft.com/Term?term=jugaad-innovation











# Affordability



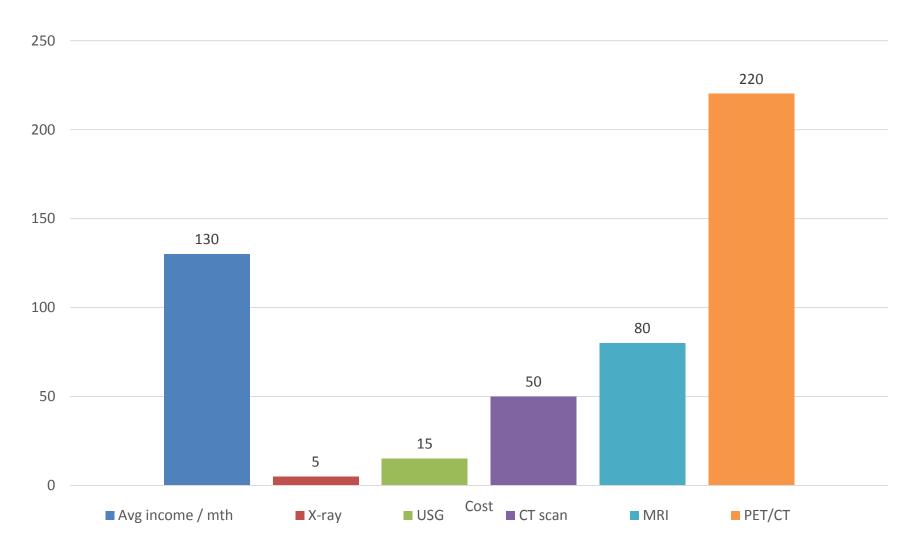
#### **Poor National Health Schemes**

#### Poor or absent insurance

Out of pocket



#### Cost of Test versus Monthly Average Income





In many countries, the cost of an MRI may be equal to the monthly salary or more

Screening programs get short-thrift



# **Regulatory Issues and Patient Data**

# In the absence of national guidelines



# Safety norms become quite irrelevant

# Difficult to implement SOPs



# What Can Be Done?



# What is not in our hands

Government policies Spending allocations Training – colleges, residencies Infrastructure – roads, electricity



## What Is Possible...



Equipment, training, locally

# Resources to radiologists – education, articles, sponsorship to conferences

Access to solutions like AI that can be game-changers



### **RAD-AID**



- 53 US academic centres
- 23 underserved countries
- 5750 radiology professionals

Mollura DJ. JACR 2017;14:841

19855 volunteer hours in 2016

# What Can IS3R Do?

More representation from LINC countries

#### Invitations to radiologists from LINC and LMINC to attend these meetings as guests

Providing access to learning resources





Picture This

Imaging & Beyond **by Jankharia**